

## Case Report

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Firstly I intend to discuss the multidisciplinary clinic that takes place at Torbay Hospital annually.

The personnel involved in the clinic and the tests that we suggest be performed on the young people with Alstroms.

I also intend to discuss certain case histories and problems associated with this.

For example:

Case 1:

Male infant, full-term, normal delivery, birth weight 3.3 Kg. Progress as follows:

- 6 months nystagmus and photophobia
- 4 years registered partially-sighted
- 6 years otitis media
- 11 years no perception of light
- 13 years fatigue - type 2 diabetes
- hypogonadism after early puberty,
- gynaecomastia and obesity
- cardiomegaly with reduced left ventricular function
- 16 years congestive cardiac failure
- DIAGNOSIS OF ALSTROM SYNDROME
- 18 years severe combined hyperlipidaemia
- 20 years recurrent heart failure - triple chamber pacemaker.

The success of multidisciplinary treatments and the illustration of the need for early introduction of Braille, cardiac, endocrine and urological surveillance in order to treat disorders early and prevent clinical problems.